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Wild Flowers As Medicines

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Abstract

This review explores the knowledge of the various flowers which has been used in various disease ailments. Flowers are various colours and size along with it contain active chemical constituents which acts as to curing the health problems.

Key words: Flowers, Medicinal use.

INTRODUCTION

The knowledge of ethno botany is much older than the history of civilization. By the trial and error process, the pre historic people identified some useful flowers. The study of ethno botany can play a vital role in both scientific and socio cultural studies. India is well known for its wealth of ethno botany.

The detailed study to explore the medicinal use of flowers is briefly given below

1. *Sesbania grandiflora Pers* (Kirtikar K. R. and Basu B.D., 1991)

Local names - Hadga

Family - Fabaceae

Uses - used in curing night blindness T. B. and cough along with the adula leaves.

2. *Tamarindus indicus Linn*

Local names - Chinch

Family - Leguminosae

Uses - Juice of flowers on eye inflammation.

3. *Magnifera indica Linn*

Local names - Amba

Family - Anacardiaceae

Uses - Juice of flowers used to cure dysentery and as a blood purifier.

4. *Musa speientum Linn* (Kulkarni K. M., 1991)

Local names - Banana

Family - Musaceae

Uses - Juice of flowers used to cure dysentery, piles.

5. *Nelumbium speciosum Wild* (Kirtikar K. R. and Basu B. D., 1991)

Local names - Kamal

Family - Nymphaeaceae

Uses - Juice of flowers used to cure fever.

6. *Pandanus tectorius soland* (Kulkarni K. M., 1991)

Local names - Kewada

Family - Leguminosae

Uses - Juice of flowers applied on hair to prevent bad odours and also used in sex stimulants.

7. *Clitoria ternatea Linn*

Local names - Gokarn

Family - Leguminosae

Uses - Juice of flowers used in insect bites and skin disease.

8. *Mikelia champaka* (Kirtikar K. R. and Basu B. D., 1991)

Local names - Sonchapa

Family - Leguminosae

Uses - Juice of flowers used in heat.

9. *Hibiscus Rosa-sinesis Linn* (Kulkarni K. M., 1991)

Local names - Jaswand

Family - Malvaceae

Uses - Juice of flowers used in dysentery, hair fall.

10. *Tagetes erecta Linn*

Local names - Zendu

Family - Leguminosae

Uses - Juice of flowers used in piles.

11. *Punica granatum Linn* (Jolly C. I., et al)

Local names - Dalimb

Family - Punicaceae

Uses - Juice of flowers used in blood flow from nose. Flowers also used as antihypertensive.

12. *Woodfordia fruticosa kurz* (Kulkarni K. M., 1991)

Local names - Dhataki

Family - Lythraceae

Uses - Juice of flowers used in dysentery.

13. *Cocos nucifera Linn* (Kirtikar K. R. and Basu B. D., 1991)

Local names - Nareyal

Family - Palmae

Uses - Juice of flowers used as cool.

14. *Butea monosperma kuntz* (Kulkarni K. M., 1991)

Local names - Palas

Family - Leguminosae

Uses - Juice of flowers used in insect bites and skin disease.

15. *Nyctanthes Arbor-tristis Linn* (Kirtikar K. R. and Basu B. D., 1991)

Local names - Prajakta

Family - Oleaceae

Uses - Juice of flowers used in fever, constipation and as liver tonic.

16. *Basia latifolia* (Kirtikar K. R. and Basu B. D., 1991)

Local names - Moh

Family - Leguminosae

Uses - Juice of flowers used as tonic.

17. *Caryophyllus aromaticus* (Kulkarni K. M., 1991)

Local names - Lavang

Family - Leguminosae

Uses - Juice of flowers used as carminative.

18. *Bombex malabaricum* (Kulkarni K. M., 1991)

Local names - Shalmli

Family - Leguminosae

Uses - Juice of flowers used in pleha disease.

19. *Rosa centifolia*

Local names - Gulab

Family - Leguminosae

Uses - Juice of flowers used in heat and cosmetics.

CONCLUSION

In this present report, emphasis was laid only on less known medicinal uses of plants with different mode of application. Evaluation of these flowers might lead to the discovery of some interesting and fruitful information. The use of these flowers as remedies is probably as ancient as man himself.

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