# In silico molecular docking analysis of selected phytoconstituents from *Psydrax dicoccos* (Gaertn.) against Parkinson's disease

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#### **Abstract**

Introduction: Parkinson's disease is a major neurodegenerative disorder that occurs due to the loss of dopamine in Substantianigra pars compacta. The disease can be treated by inhibiting α-synuclein protein, monoamine oxidase-B (MAO-B), a neurotransmitter (dopamine) pack in the synaptic vesicle, and inflammation. **Material and Methods:** Six phytoconstituents were identified from a plant *Psydrax dicoccos* of the family, Rubiaceae. Sequesterpenes and coumarins are found in this plant which is a source of neuroprotection. Ligands were analyzed for docking analysis using Autodock Vina software against the targets (α-synuclein, heat shock protein-70, matrix metalloprotease-3, synaptic vesicle protein, nitric oxide synthase, cannabinoid receptor type-2, MAO-B, and Nrf2 [nuclear factor erythroid 2-related factor-2]) of Parkinson's disease and compared with standards. Multiple targets were selected due to complexity of Parkinson's disease. It has a complex structure and a variety of molecular proteins affects the desired effect of the drug. Docking interactions are identified by Biovia Discovery Studio Visualizer 2021. In silico pharmacokinetics (ADME) was analyzed by Swiss ADME, ADMET lab. The effectiveness of the ligands was predicted by Molinspiration studies. Result: The results showed that that the anti-Parkinson compounds activity was due to their action on multiple targets. Examining all the parameters, it shows that P. dicoccos has the potential to cure Parkinson's disease. Conclusion: In this study, it was concluded that all six ligands scored well compared to those of standards. All ligands exhibited good pharmacokinetics low solubility, optimal (CaCo, permeability, volume of distribution, and plasma protein binding), and BBB tolerant.

KEYWORDS: Psydrax dicoccos, Autodock Vina, ADMET lab, Swiss ADME, Molinspiration, Neuroprotection

### INTRODUCTION

sydrax dicoccos Gaertn., the species, belongs to the family Rubiaceae, commonly known as Ceylon Box wood. Synonyms used for this plant are Canthium cymosum (Poir.) Pers., Canthium dicoccum (Gaertn.) Merr., and Webera cymosa. In India, it is known as Tupa, Arsul, and Earkollimaram. It is a smooth shrub 3–4 m high. It is distributed in low-altitude areas, found from South East China to Tropical Asia. The bark leaves and roots are used. Fruit pulp is reported to be edible.[1] Plant contains phytoconstituents as alkaloids, tannins, flavonoids, saponins, coumarins, sequesterpenes, and terpenes which have antifungal, anti-diarrheal, febrifuge, antibacterial, anti-inflammatory, antidiabetic, arthritic, nephroprotective, and hepatoprotective properties. The bark of the plant is used to treat fever and the decoction of roots is used to treat diarrhea.<sup>[2]</sup>

Natural remedies have been shown to be effective as that of allopathic in the treatment of the disease. Herbal remedies have fewer side effects, less expensive and can be made available to everyone. Many of the existing plants around us such as neem, tulsi, and hibiscus are useful as a remedy for a number of ailments.<sup>[3]</sup> With the emergence of the coronavirus,

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it is 100% true that naturopathic is equivalent to allopathic in the present case. The ethanolic plant extracts contain coumarins and sequesterpenes such as 7-Ethoxy Coumarin, caryophyllene oxide, Cedr-8-en-13-ol, spathulenol, ledene oxide, and scopoletin. [4] Coumarins and sequesterpenes present are potential resource for neuroprotection in many studies by interacting with various proteins such as monoamine oxidase-B (MAO-B) and nuclear factor erythroid 2-related factor-2 (Nrf2) and exhibit various activities such as antidepressant, antiepileptic, and antioxidative. They, therefore, act as an arena to achieve better bioactivity in the treatment of PD.[5]

Parkinson's disease is one of the most progressive neurodegenerative diseases, caused by a decrease in the level of dopamine in *Substantia nigra* pars compacta. It affects mainly the population above the age of 50.<sup>[6]</sup> There are two mechanisms of the disease: Early onset of Parkinson's disease and late onset of Parkinson's disease.<sup>[7]</sup> There is no ideal treatment for the disease, with the present medications such as levodopa, dopamine agonists, MAO-B inhibitors, and catechol o-methyl transferase inhibitors relieve the symptoms and prevent the progression of the disease for a limited period. New technologies such as deep brain simulation are also be used to manage the condition.<sup>[8]</sup>

The mechanisms involved in the pathophysiology of the disease include modification of regulatory proteins such as α-synuclein, hyperphosphorylation of Tau protein, genetic modifications – SNCA, PARK, LRRK2, DJ-1, mitochondrial dysfunction, oxidative stress, excitotoxicity, natural pesticides, and chemicals such as MPTP and neuroinflammation.<sup>[9]</sup>

Molecular docking is an important tool in drug discovery and development of the current scenario. Through the use of the docking studies, binding affinity of small molecules in their protein targets such as receptors, enzymes, and transporters is identified. It is mainly used to predict bonds and strength between the molecules. The aim of the docking studies is to eliminate all the free energy between the molecules and the corresponding alignment between the ligand and the protein to produce and build stable structures. [10] Molecular docking makes the interaction of biocells and predicts the binding sites between ligand and receptor. Lesser the free energy, more intense the binding site. Free binding energy ( $\Delta G$ ) is defined in various parameters such as hydrogen bonds, hydrophobic interactions, and ionizability. [11]

Specific diseases such as Parkinson's, cancer, and Alzheimer's have complex structure and function that contain a variety of cells. In the olden days, single-targeted drugs were available to avoid unwanted side effects. Nowadays, there are many aspects of the emergence of the disease, in which the compounds screened have to achieve many targets to define the desired effect of the treatment.<sup>[12]</sup> Novel targets are

identified for the treatment of the disease such as GPR109A (hydroxycarboxylic acid receptor 2 and niacin receptor 1), C-abl, synaptic vesicle protein 2c (SV2C), non-tyrosine kinases, and molecular chaperones (HSP-70, HSP-90, and Bcl), which help to provide new information on the treatment of this disease.<sup>[13]</sup>

In recent years, plants have come a long way in treating various ailments. The secondary metabolites in the plant act as an active ingredient in medicinal plants.<sup>[14]</sup> Current research is aimed at predicting the binding affinities of the constituents with the target proteins (proteins, receptors, and enzymes) of the disease.

# **METHODOLOGY**

All computational studies were conducted using VIAO, a Sony company with OS name features: Microsoft Windows 10 pro with a version 10.0.19042, x64-based PC, with processor Intel(R) Core<sup>TM</sup> iS-3210M CPU<sup>®</sup> 2.50 GHz, 2501 MHz, 2 core(s), with 8 GB RAM.

Software's and online websites used for the study AutoDock MGL tools, Pymol, AutoDock VINA from the Scripps Research Institute, Biovia Discovery Studio Visualizer 2021, Swiss ADME, ADMET lab, Molsoft, Molinspiration.

### **Selection of Phytochemicals**

The phytochemicals in the present study were obtained from a plant *P. dicoccos*, belong to the family Rubiaceae. Six phytochemicals were identified from the plant which is coumarins and sequesterpenes.<sup>[15]</sup>

# Drug-Likeliness Test of Phytochemicals Based on Lipinski's Rule

Drug-likeliness of the ligands Log P, number of atoms, deviations, TPSA, Volume, no. of rotatable bonds, HBA, and HBD is made using ADMET lab (http://admet.scbdd.com/calcpre/calc\_rules/) and Molsoft (https://molsoft.com/mprop/). These properties are known as the molecular descriptors of the ligand. Here, the descriptors of the ligand were analyzed based on the law of Lipinski, Veber's, Opera, and Ghose.<sup>[16]</sup>

### **Docking Studies**

#### Protein preparation

A total of six proteins are involved in the study. Crystalline protein structures were downloaded from Protein Data Bank (PDB) site (https://www.rcsb.org/) [Table 1]. The protein was prepared using AutoDockTools (ADT) and stored in PDB format. The proteins are formed by addition of polar

Table 1: Targets with their PDB ID[13,18,19]					
Targets	Abbreviation	PDB ID			
Alpha synuclein	α-syn	3Q27			
Heat Shock Protein-70	HSP-70	1S3X			
Synaptic Vesicle Protein	SV2C	5JLV			
Nitric Oxide Synthase	NOS	1M9M			
Matrix Metalloproteinase-3	MMP-3	1HY7			
Cannabinoid Receptor-2	CBR <sub>2</sub>	5ZTY			
Monoamine Oxidase-B	MAO-B	2BK4			
Nuclear factor erythroid 2 related factor-2	Nrf2	1X2R			

hydrogens, deletion of water molecules, and inclusion of Kollman charges. AutoDockTools stores the protein in PDBQT format.<sup>[17]</sup>

# Ligand preparation

The ligands were retrieved from PubChem (https://pubchem. ncbi.nlm.nih.gov/) and the ligand preparation took place in AutoDockTools (\The Scripps Research Institute\Vina) by removing bonds, addition of torsions. The compounds were converted form SDF format to PDB format using Pymol software (https://pymol.org/2/).<sup>[20]</sup>

### **Docking Protocol**

AutoDock VINA was used to conduct molecular docking research. The AutoGrid system is used to set grid points and spaces. Grid map  $20 \times 20 \times 20$  A' grid points and 0.375 A' spaces created. The configuration file is made using a note pad that contains information about grid points, grid spaces, and dimensions such as X, Y, and Z. A grid file is also created where it contains information of protein bindings. The pose with the lowest binding affinity is taken and the interactions were visualized. [21]

# **Analysis and Visualization**

Binding sites were visualized using Biovia Discovery Studio Visualizer 2021 (https://discover.3ds.com/discovery-studio-visualizer-download) and ligand-receptor interactions were analyzed using AutoDockTools.<sup>[22]</sup>

# **ADME** predictions

The pharmacokinetic properties of the ligands were predicted using Swiss ADME (http://www.swissadme.ch/), ADMET lab (http://admet.scbdd.com/).<sup>[23]</sup>

# Bioactive scores prediction

All drugs have a very high number of targets that predict the drug-likeliness. Common targets such as GPCR ligands, ion channel modulator, kinase inhibitors, nuclear receptor ligands, and protease inhibitors were considered to predict the bioactivity of the drug, that is, mechanism of action. Bioactive scores for ligands are predicted by Molinspiration (https://www.molinspiration.com/cgi-bin/properties).<sup>[24]</sup>

### RESULTS AND DISCUSSION

More than 60 million deaths are due to neurological disorders, the second of which is Parkinson's disease. Many drugs with a new way are designed for the treatment of PD [Figures 1-6]. Several plants have neuroprotective properties of treatment of CNS disorders.<sup>[25]</sup>

# **Drug-Likeliness**

In this study, docking studies were performed on six phytoconstituents obtained from *P. dicoccos* against targets for PD. The physicochemical properties of ligands according to the rules of drug-likeliness are represented in Table 2 and molecular descriptors are described in Table 3. Drug-likeliness of the ligands is made as log P, MW, HBD, HBA, deviations, and rotatable bonds in which all ligands comply with Lipinski's, Veber's, and Ghose rule. There is no deviation from the ligands.

# **Molecular Descriptors**

#### Molecular Docking

Molecular docking studies were performed for 15 ligands with targets such as  $\alpha$ -synuclein, HSP-70, SV2C, MMP-3, and NOS [Figures 7 and 8]. Docking interaction results of the ligands with  $\alpha$ -synuclein are represented in Table 4. In all ligands, ledene oxide exhibits highest binding affinity of -7.9 Kcal/Mole, which is free of amino acid residues interacting with hydrogen bonds [Figure 9b].

The docking interaction results of the ligands with HSP-70 are represented in Table 5. Spathulenol exhibits highest binding affinity of −7.2 Kcal/Mole and shown hydrogen bond interactions with ARG A: 72 [Figure 10b].

The docking interaction results of the ligands with SV2C are represented in Table 6. Scopoletin exhibits highest binding score of -6.3 Kcal/Mole and shown hydrogen bond interactions with LYS B: 1187 and LEU B: 1296 [Figure 11b].

The docking interaction results of the ligands with NOS are represented in Table 7. Spathulenol exhibits highest binding score of -7.5 Kcal/Mole and shown hydrogen bond interactions with PHE B: 468 and ARG B: 474 [Figure 12b].

The docking interaction results of the ligands with MMP-3 are represented in Table 8. Spathulenol exhibits highest

# Thakur: *In silico* molecular docking analysis of selected phytoconstituents

Table 2: Drug-likeliness analysis according to LIPINSKI rule of 5 Ligands **PubChem CID** Lipinski rules of five parameters MW **HBA HBD** nRB Log P 7-Ethoxy coumarin 35703 190.20 2.42 3 0 2 Caryophyllene oxide 1742210 220.356 3.9 1 0 0 Cedr-8-en-13-ol 519545 220.35 3.3 1 1 1 1 0 Spathulenol 92231 220.35 3.3 1 Ledene oxide 91753473 220.35 3.6 1 0 0 Scopoletin 5280460 192.17 1.5 4 1 1

Table 3: Molecular descriptors of ligands								
Ligands	Vol	Den	TPSA	MR	nA	nHet	fchar	nD
7-Ethoxy coumarin	170.93	0.975	39.45	53.65	24	3	0	0
Caryophyllene oxide	234.01	0.886	12.53	66.2	40	1	0	0
Cedr-8-en-13-ol	232.73	0.892	20.23	65.9	40	1	0	0
Spathulenol	233.07	0.913	20.23	65.9	40	1	0	0
Ledene oxide	228.53	0.754	12.53	64.1	40	1	0	0
Scopoletin	162.15	1.03	59.67	50.7	22	4	0	0

MW: Molecular weight; HBA: Hydrogen bond acceptor, HBD: Hydrogen bond donor; Vol: Volume; nRB: Number of rotatable bonds; MR: Molecular refractivity; nD: Deviations; nA: Number of atoms; Den: Density; TPSA: Topological surface area; nHet: Number of hetero atoms; fchar: Formal charge

Table 4: Interacting amino acid residues of alpha-synuclein with ligands					
Ligands	Binding	Binding interactions			
	energy ∆ G (Kcal/mol)	Hydrogen bonds	Hydrophobic bonds		
7-Ethoxy coumarin	-6.5	GLU A: 310, 311 VAL A: 303	ALA A: 302, TYR A: 91 ILE A: 318		
Caryophyllene oxide	-7.5		ILE A: 318		
Cedr-8-en-13-ol	-7.4		ILE A: 318, TYR A: 308, VAL A: 303		
Spathulenol	-7.4	GLU A: 154	TYR A: 211		
Ledene oxide	-7.9		ILE A: 318, ALA A: 302, VAL A: 303		
Scopoletin	-6.7	SER A: 338, ARG A: 67	TYR A: 342		
Levodopa (Standard)	-7.0	SO A: 4401, LYS A: 43, ASN A: 13, GLC B: 1	TYR A: 211		

Table 5: Interacting amino acid residues of HSP-70 with ligands					
Ligands	Binding	Binding interactions			
	energy∆G (Kcal/mol)	Hydrogen bonds	Hydrophobic bonds		
7-Ethoxy coumarin	-6.2	HIS A: 227, ARG			
Caryophyllene oxide	-6.9	A: 72	VAL A: 59, ARG A: 264		
Cedr-8-en-13-ol	-6.3	ARG A: 261	ARG A: 264		
Spathulenol	-7.2		PHE A: 68		
Ledene oxide	-7.0	ARG A: 72	CA A: 385		
Scopoletin	-6.6	ARG A: 72	VAL A: 59, ARG A: 264		
Levodopa (Standard)	-6.0	ARG A: 261, GLY A: 202, LYS A: 56, TYR A: 41			

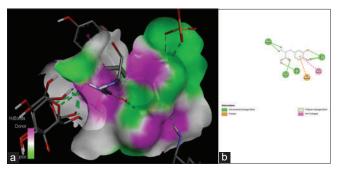
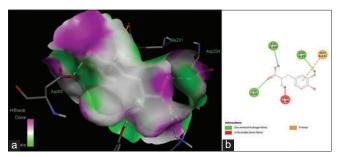
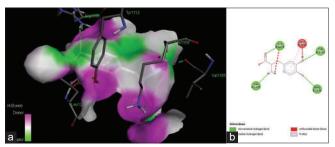


Figure 1: Interactions of levodopa (standard) with alphasynuclein (a): 3D interactions (b): 2D interactions



**Figure 2:** Interactions of levodopa (standard) with HSP-70 (a): 3D interactions (b): 2D interactions



**Figure 3:** Interactions of levodopa (standard) with SV2C (a): 3D interactions (b): 2D interactions

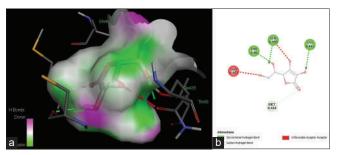
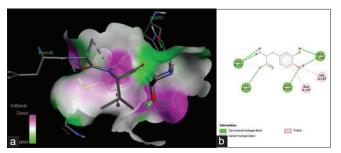


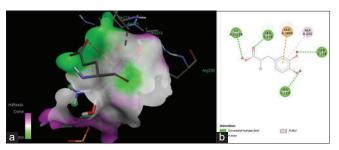
Figure 4: Interactions of ascorbic acid with NOS (a): 3D interactions (b): 2D interaction

binding score of -7.2 Kcal/Mole and shown hydrogen bond interactions with HIS A: 179, VAL A: 102, and VAL B: 648 [Figure 13b].

The docking interaction results of the ligands with CBR<sub>2</sub> are represented in Table 9. Caryophyllene oxide exhibits highest binding score of -6.1 Kcal/Mole with no hydrogen bond interactions [Figure 14b].



**Figure 5:** Interactions of levodopa (standard) with MMP-3 (a): 3D interactions (b): 2D interactions



**Figure 6:** Interactions of levodopa (standard) with CBR<sub>2</sub> (a): 3D interactions (b): 2D interactions

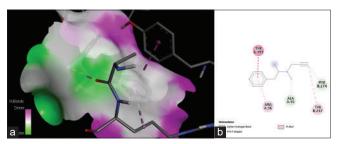


Figure 7: Interactions of selegiline with MAO-B (a): 3D interactions (b): 2D interactions

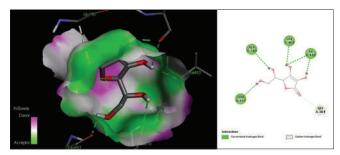


Figure 8: Interactions of ascorbic acid with Nrf2 (a): 3D interactions (b): 2D interactions

The docking interaction results of the ligands with MAO-B are represented as Table 10. Ledene oxide exhibits highest binding score of –6.5 Kcal/Mole and shown hydrogen bonding interactions with GLN A: 392 and TYR A: 393 [Figure 15b].

The docking interaction results of the ligands with Nrf2 are represented in Table 11. Cedr-8-en-13-ol exhibits highest binding score of -7.5 Kcal/Mole and shown hydrogen bond interactions with VAL A: 512, 465 [Figure 16b]. All targets SV2C, NOS, MMP-3, HSP-70, α-synuclein, CBR<sub>2</sub>, MAO-B,

Table 6: Interacting amino acid residues of SV2C with ligands Ligands Binding energy∆G **Binding interactions** (Kcal/mol) Hydrogen bonds **Hydrophobic bonds** 7-Ethoxy coumarin -5.7 HIS A: 1064 LYS C: 558 Caryophyllene oxide -6.0ASN B: 1188 Cedr-8-en-13-ol -5.7LYS B: 1187 LEU B: 1296 Spathulenol -6.1GLY B: 1157 LEU B: 1296 Ledene oxide -6.1 TYR B: 1112 LEU B: 1296 Scopoletin TYR B: 1112, LEU B: 1296, LYS VAL B: 1186, -6.3B: 1187 ALA B: 1158 V5.9 LYS B: 1159, VALB: 1185, TYR B: Levodopa (Standard) 1112, ARGB: 1156

Table 7: Interacting amino acid residues of NOS with ligands						
Ligands	Binding energy∆G	Binding interactions				
	(Kcal/mol)	Hydrogen bonds	Hydrophobic bonds			
7-Ethoxy coumarin	-6.7	SER A: 78, GLN A: 462	VAL A: 71,465, LEU A: 431			
Caryophyllene oxide	-7.2	ASN B: 466	PRO B: 182			
Cedr-8-en-13-ol	-7.0	ARG B: 183, ASN B: 466	PRO B: 182			
Spathulenol	-7.5		PHE B: 468, ARG B: 474			
Ledene oxide	-7.4		ARG B: 183, TYR B: 475			
Scopoletin	-6.9	TYR B: 475, ASP B: 444, ASN B: 466	ARG B: 474, PRO B: 182			
Ascorbic acid (Standard)	-6.5	THR A: 80, GLN A: 435, CYS A: 441				

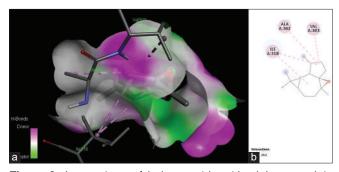
	Table 8: Interacting amino acid residues of MMP-3 with ligands					
Ligands	Binding energy∆G	Binding interactions				
	(Kcal/mol)	Hydrogen bonds	Hydrophobic bonds			
7-Ethoxy coumarin	-6.7	HIS A: 179	VAL A: 102, VAL B: 648			
Caryophyllene oxide	-7.0	<del></del>				
Cedr-8-en-13-ol	-6.9		VAL A: 102, MET A: 343, VAL B: 648			
Spathulenol	-7.2		HIS A: 179, VAL A: 102, VAL B: 648			
Ledene oxide	-7.0	HIS A: 179, SER A: 145	VAL B: 648, VAL A: 102			
Scopoletin	-6.5	HIS A: 179, ASN A: 103	VAL B: 648, VAL A: 102			
Levodopa (Standard)	-6.2	HIS A: 651, HIS B: 679, ASN B: 603, PHE A: 146	ALA A: 147, VAL A: 148			

and Nrf2 are docked with their respective standards (ascorbic acid, levodopa, and diclofenac) and showed lesser binding affinity compared to selected phytochemicals.

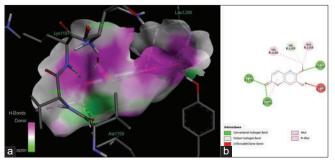
The ligands docked are bounded at the same active site but their interactions with amino acids are different. The interactions (hydrogen and hydrophobic) between molecules are shown as amino acid residues. The key amino acids involved in  $\alpha$ -synuclein interactions are ILE A: 318 and TYR A: 211. Amino acids involved in HSP-70 are VAL A: 59 and ARG A: 264. The amino acids involved in the interactions of SV2C are LYS B: 1187, TYR B: 1112,

Table 9: Interacting amino acid residues of CBR2 with ligands					
Ligands	Binding energy	Binding	interactions		
	$\Delta$ G (Kcal/mol)	Hydrogen bonds	Hydrophobic bonds		
7-Ethoxy coumarin	-5.7	ARG A: 1007	ILE A: 1008		
Caryophyllene oxide	-6.1		LEU A: 133,145,153		
Cedr-8-en-13-ol	-5.3		LEU A: 125,126,201		
Spathulenol	-5.4		MET A: 157		
Ledene oxide	-5.7		ALA A: 252, LEU A: 251		
Scopoletin	-5.5	SO A: 41215	OLC A: 1205		
Levodopa (Standard)	-5.6	SO A: 41214, ARG A: 236, GLN A: 218, HIS A: 219	OLC A: 1205, ILE A: 206, ILE A: 1008, ARG A: 1007 ALA A: 221		

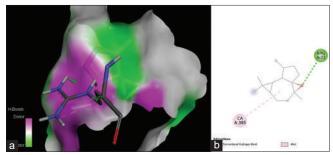
Table 10: Interacting amino acid residues of MAO-B with ligands					
Ligands	Binding energy∆G	Binding interactions			
	(Kcal/mol)	Hydrogen bonds	Hydrophobic bonds		
7-Ethoxy coumarin	-6.2	LYS B: 648	ALA B: 325, LEU B: 167, 345		
Caryophyllene oxide	-6.3	ASP A: 37	ARG A: 36		
Cedr-8-en-13-ol	-6.4		PRO A: 234		
Spathulenol	-6.1		ARG A: 36, TYR A: 393, PROB: 277		
Ledene oxide	-6.5	GLN A: 392, TYR A: 393	PRO B: 277		
Scopoletin	-6.0	GLU B: 320	ALA B: 325, LEU B: 167		
Selegiline (Standard)	-4.9		ARG A: 36, TYR B: 237		



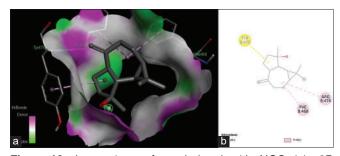
**Figure 9:** Interactions of ledene oxide with alpha-synuclein (a): 3D interactions (b): 2D interactions



**Figure 11:** Interactions of scopoletin with SV2C (a): 3D interactions (b): 2D interactions

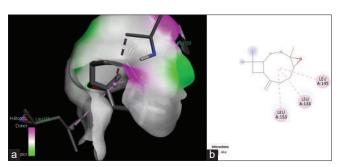


**Figure 10:** Interactions of spathulenol with HSP-70 (a): 3D interactions (b): 2D interactions

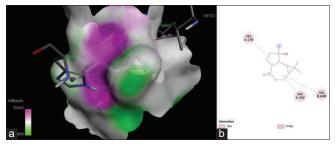


**Figure 12:** Interactions of spathulenol with NOS (a): 3D interactions (b): 2D interactions

Table 11: Interacting amino acid residues of Nrf2 with ligands					
Ligands	Binding energy∆G	Binding interactions			
	(Kcal/mol)	Hydrogen bonds	Hydrophobic bonds		
7-Ethoxy coumarin	-6.8	VAL A: 606, GLY A: 367	ALA A: 366, ARG A: 415		
Caryophyllene oxide	-7.3		ALA A: 366		
Cedr-8-en-13-ol	-7.5	VAL A: 512, 465	ALA A: 366		
Spathulenol	-6.9		VAL A: 606, 366		
Ledene oxide	-6.7		ALA A: 366		
Scopoletin	-7.1	GLY A: 367, VAL A: 606			
Ascorbic acid (Standard)	-6.8	ALA A: 510, LEU A: 557, VAL A: 463, ILE A: 416	<del></del>		



**Figure 13:** Interactions of caryophyllene oxide with CBR<sub>2</sub> (a): 3D interactions (b): 2D interactions



**Figure 14:** Interactions of spathulenol with MMP-3 (a): 3D interactions (b): 2D interactions

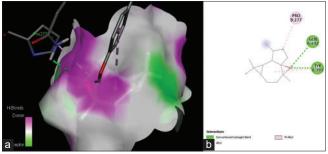


Figure 15: Interactions of ledene oxide with MAO-B (a): 3D interactions (b): 2D interactions

and LEU B: 1296. ASN B: 466, PRO B: 182, and VAL A: 449 are the key amino acids involved in the interactions of NOS. The amino acids involved in case of MMP-3 are

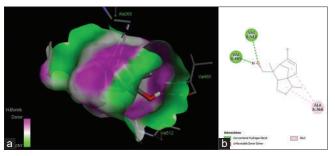


Figure 16: Interactions of Cedr-8-en-13-ol with Nrf2 (a): 3D interactions (b): 2D interactions

HIS A: 179 and VAL B: 648. The key amino acids involved in the interactions of CBR2 are ILE A: 1008 and OLC A: 1205. Amino acids of MAO-B are ALA B: 325, LEU B: 167, and PRO B: 277. The amino acids of Nrf2 involved are VAL A: 463 and ALA A: 366.

#### **Bioactive Scores of Ligands**

The biological activities of the compounds on common targets are shown in Table 12. Caryophyllene oxide and Cedr-8-en-13-ol act as a nuclear receptor ligand and exhibit enzyme inhibitory activity. Spathulenol acts as a nuclear receptor ligand.

#### **ADME**

Pharmacokinetic properties of ligands (ADME) were predicted and shown in Table 13, intestinal absorption, BBB permeable. The CYP450 enzymes (1A2, 3A4, 2C9, 2C19, and 2D6) are all the non-inhibitors. Half-life is low with <3 h. Clearance is also low at a rate of <5 ml/kg/min. All the compounds are lipophilic where they easily cross the cell membrane to show their action. Log P and TPSA are the two parameters defining lipophilicity (Log p <5, topological polar surface area [TPSA] <140).

Table 12: Bioactive scores of ligands							
Ligands	GPC ligand	lon channel modulator	Kinase inhibitor	Nuclear receptor ligand	Protease inhibitor	Enzyme inhibitor	
7-Ethoxy coumarin	-1.15	-0.77	-1.22	-0.87	-1.18	-0.45	
Caryophyllene oxide	-0.08	0.14	-0.86	0.62	0.00	0.57	
Cedr-8-en-13-ol	-0.18	-0.01	-0.70	0.34	-0.48	0.55	
Spathulenol	-0.42	-0.28	-0.68	0.28	-0.36	0.06	
Ledene oxide	-0.48	-0.36	-0.89	-0.24	-0.25	-0.13	
Scopoletin	-1.00	-0.65	-0.95	-0.81	-1.16	-0.24	

Table 13: Pharmacokinetic profile of ligands							
Pharmacokinetic		Ligands					
property	7-Ethoxy coumarin	Caryophyllene oxide	Cedr-8-en-13-ol	Spathulenol	Ledene oxide	Scopoletin	
BBB Permeable	+	+	+	+	+	+	
HIA (%)	+	+	+	+	+	+	
P-glycoprotein I	1	NI	NI	NI	1	NI	
P-glycoprotein S	NS	NS	NS	NS	NS	NS	
CYP1A2 I	1	NI	NI	NI	NI	1	
CYP2C19I	NI	NI	NI	NI	NI	NI	
CYP2C9 I	NI	NI	NI	NI	NI	NI	
CYP2D6 I	NI	NI	NI	NI	NI	NI	
CYP3A4 I	NI	NI	NI	NI	NI	NI	
CL (ml/min/kg) T <sub>½</sub> (h)	10.35 (M) 0.452 (S)	15.5 (H) 0.083 (S)	17.79(H) 0.153 (S)	14.582 (H) 0.064 (S)	19.53(H) 0.068 (S)	13.32 (M) 0.85 (S)	

<sup>+:</sup> Positive effect, BBB: Blood–brain barrier, HIA: Human intestinal absorption, I: Inhibitor, NI: Non-inhibitor, NS: Non-substrate, S: Substrate, CYP (1A2, 2C19, 2C9, 2D6, 3A4): Cytochrome P450 metabolizing enzymes, CL: Clearance, T<sub>1/2</sub>: Half-life, M: Medium, H: High, S: Short

# CONCLUSION

In the in silico docking study, phytoconstituents are docked against targets of PD. Selected phytoconstituents, coumarins and sequesterpenes have anti-inflammatory, immunomodulatory, antifungal, anticancer, and antioxidant activities, used as the source of the work. The targets selected for the study cover the entire pathophysiology of the disease. Initially, an analysis of drug-likeliness was made in the information about the better output of ligands. Molecular docking, ADMET predictions, and bioactivities of ligands were performed. All the compounds comply with Lipinski's drug-likeliness, show intestinal absorption and BBB permeability. The compounds such as caryophyllene oxide, Cedr-8-en-13-ol, and spathulenol act as a nuclear receptor ligand and have an enzyme inhibitory activity. The results showed that the anti-Parkinson activity of the compounds was due to their action on multiple targets. Examining all the parameters shows that *P. dicoccos* has the potential to cure Parkinson's disease.

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