

Authors' reply

Sir,

We would like to thank Dr. Wiwanitkit for his comments^[1] on our article.^[2]

QUERY NO. 1

First, the work lacks for the exact control in health subjects.

Before we started giving the capsules to diabetic subjects, we had tested them on ourselves for a period of one month and found there were no side effects. This was also done to test the feasibility of consuming the number of capsules. None of the subjects reported any allergic reactions during the study period. In fact, there was a demand that we supply the capsules after the supplementation period was over; we feel some pharma company should take up this task.

QUERY NO. 2

All the laboratory tests were standardized in the lab against reference serum sample. Intra-lab variations were also checked before the start of the study, by giving few samples to three laboratories, and were found to be comparable. The glycated haemoglobin values

were high, indicating poor metabolic control among the diabetics.

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